

PRACTITIONER BULLETIN

Issue 65

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Bach Foundation
INTERNATIONAL REGISTER

U.S.A. study into Rescue™ Remedy ↙

A new study has found that Rescue™ Remedy may be effective in reducing high levels of situational stress. The study, published in *Complementary Health Practice Review*, was put together in conjunction with The Sirkin Creative Living Center (SCLC), an organisation run by Bach Foundation Registered Practitioner Alicia Sirkin.

Alicia advised the research team on the correct dosage and use of Rescue™, which makes this one of the first studies to get these crucial factors correct in setting up a piece of research. Over two semesters and in four different class groups, a total of 111 students took part in a double-blind test. They were split at random into two groups. 58 people in the control group received a placebo made up of a 27% brandy mix; the remaining 53 made up the test group, who received Rescue™ Remedy.

In order to simulate a stressful situation the researchers arranged for course instructors to announce that a surprise test would be given at the end of the class. Alicia and other researchers were on hand to ensure students took the remedies at frequent intervals, and standard stress evaluation methods were used before and after taking the remedy to measure stress levels.

The study concludes that the Bach remedies 'may represent a useful non-toxic approach in the management of situational anxiety experienced by patients in high-stress-areas, such as critical care and in community-based health care settings.'

Our thanks to Alicia for all her hard work on this project. You can email her for more information – the address is alicia@flowerhealing.com – or go to <http://chp.sagepub.com/cgi/content/abstract/12/1/3> to view an abstract of the study. You can buy a copy of the full paper at the same address.

A vision ↙

By Nicola Hanefeld BFRP, Germany

I have been a BFRP for 10 years and for nearly double the length of that time I have been a teacher of the Alexander Technique (AT). For those unfamiliar with this method of psychophysical re-education I recommend the Society of Teachers of the Alexander Technique web site www.stat.org.uk for more information. Here you will find the Alexander Technique described as a simple and practical method for self-improvement and self-help. Sounds familiar, doesn't it?

In fact there are many similarities between Dr. Bach's system and the Alexander Technique, not only in the work but in the communities of people offering the work. I see both types of practitioners as pioneers offering safe, alternative and sustainable methods for health, self-improvement and inner balance. We are not psychotherapists but educators. For these reasons I sometimes compare the Alexander Technique world with that of Bach Practitioners to see if one side can learn from the other.

In 1986 an American started organising a series of International Alexander Technique Congresses. He did this as a private business. Michael Frederick was the man with a vision (and probably a lot of positive Vervain energy) who entered into this risky business - but it paid off, not only financially for him but for the whole community.

When he started the AT community was about the same size as the Bach community is at present – about 1,700 people. He had 200 registrations for the first congress in New York and since then there have been six others around the world, the last being in Oxford in 2004. There were 700 participants in Oxford and the number of Alexander Teachers around the world is around 5,500 now. I also estimate that at least 500 students are in training at present in various countries. The congresses gave us impulses and drew us closer together. We learned from one another and became more confident, competent and professional as a result. We had keynote speeches on relevant topics, gave each other lectures and workshops, exchanged thoughts, theories, ideas and learned a tremendous amount. And that's without speaking of the amazing atmosphere that developed. Congress papers were published, and these publications have become valuable documents.

Why couldn't Bach practitioners do the same thing? I think there are a vast variety of topics that could stimulate us as practitioners to deepen and further Dr. Bach's work. I see input on the following topics as being potentially profitable: counselling and communication skills, stress management, spirituality, emotional intelligence, psychoneuroimmunology, teaching and presenting skills. We could do brainstorming on where we are going and where we want to go as a community. I imagine lectures on special case studies, on the history of the remedies and the Centre, on the biology of the Bach plants, on setting up a successful practise, on how to market oneself or create successful web sites. The list is endless – maybe you have already thought of a topic that you'd like to share with colleagues whilst reading this.

So, do I need Vervain intravenously, or is there anyone out there who could imagine investing in this sort of project? I'd certainly be game on the

organising side having gathered experience of how these events can work from attending the AT Congresses. I hope to get your reactions, thoughts and ideas! You can reach me via email - hanefeld@bachblueten-freiburg.de.

Bach Centre forums ↙

For several years now the Bach Centre has run email lists as a way of encouraging BFRPs to contact each other. Unfortunately, though, email list communication wasn't always as clear and simple as we would have liked. When an email conversation was held recently on the topic of supervision it soon became hard to keep track of the flow of the conversation, and several users asked for a better solution.

That better solution is now at hand. We have introduced a new web site that can be used to post news, ideas and opinions. At the moment the web site has two forums – BFRP, which is for BFRPs only, and Talkbach, an open forum that anybody can use.

How can this help me?

You can use the forums in many different ways to achieve many different things. For example:

- Use the BFRP forum to discuss cases in confidence with other BFRPs; to request or offer supervision or peer-support; to ask thorny questions on anything to do with your work as a practitioner; to contact other BFRPs with similar interests to your own; or simply to join a world-wide conversation with the rest of the BFRP family.
- Use Talkbach to offer help to users who are looking for advice on remedy use; to advertise your workshops or talks; to encourage other people taking their first steps with the remedies.

We plan on increasing the number of forums over the next few months, so your first post might be to give us your views on what would be most useful. Current ideas are for forums in other languages, and a forum for licensed teachers. To add your own thoughts go to <http://bachcentre.phpbb2.us>. You will need to register and create a username and password, and there are some additional steps, explained on the site, to get access to the private BFRP forum.

‘Rescue’ pastilles ↙

Nelsons have announced changes to their pastille product. They plan to introduce a full-strength version that will have a full dose of Rescue™ Remedy in each pastille. They also plan to switch to a natural sweetener, and remove the hydrogenated fats in the current product. The new improved version, which will meet the standards of the original system, is to be introduced by early next year.

Web addresses to check:
www.bachcentre.com/found/bulletin/
www.bachcentre.com/found/guide/

Quantum shifts and tipping points ↙

By Lynn Macwhinnie BFRP, UK

How many times do you come across an article in a magazine or newspaper recounting the insurmountable difficulties someone is facing in their life? I've just read about former UK soldiers struggling with the emotional fall-out of tours of duty in places like the South Atlantic, the Gulf, Iraq and Afghanistan. They describe their feelings in Sweet Chestnut, Cherry Plum and Rock Rose terms as they cope alone with insufficient health care support from the government and the military.

That article made me think. I am sure those soldiers are not the only people who are living lives of quiet desperation. It's a familiar story in every country and in every community around the world. Which leads to the question, could we BFRPs do more? What if we thought bigger and wider and deeper and higher than individual practice? What if we actively imagined ourselves all rowing in the same boat at the same time and heading in the same direction – and acted upon it? What if we committed to do something right now? What if the stated objective was to transform the world with knowledge of Dr Bach's system of healing? Could we create a quantum shift in the level of public awareness and understanding by the end of this year?

I believe we can. We can be more proactive and become a global team campaigning for the greater good.

One of the simplest and cheapest ways is to write email letters in response to media stories and articles. So, what I would suggest is that every time we read a story in a magazine or newspaper or online forum where we immediately see how the Bach remedies could be of value – we should write a letter to the editor. If we each made the commitment to write one short email a month, then we will create a tipping point where the Bach system is the first thing people think of when they are facing any of life challenges, let alone the more familiar moments of indecision or loneliness or fear.

If you like the idea, here are a few tips. Keep your letters short and simple – no more than 50 to 100 words. Focus on the story and give key remedies for the specific emotions involved. Don't mention more than four remedies and only give a two or three word description on each. Use short sentences, as your letter will most likely be edited.

Be careful not to make any claims of cure, or imply you are addressing medical conditions, or be too evangelical or opinionated. Try dropping in one or two of the following key points:

- this is a simple, safe and gentle system of self-help
- it restores emotional equilibrium
- it has an 80 year history of efficacy
- it was discovered by physician Dr Edward Bach
- remedies are available at high street stores
- they are used in A&E departments, by vets, doctors, celebrities
- there are thousands of case studies in medical settings including in Cuba, Taiwan, Japan.
- the web site www.bachcentre.com has more information

You could also include your own contact details – although most letter pages will not allow what may be seen as free advertising.

Keep a record of any letters that get printed and a note of the relevant articles, publications and dates. It would be great to build a virtual library to show what can be achieved around the world when we all push and pull in unison on those oars in the boat. According to my reckoning, with over 1,700 practitioners on the register, if we all write a letter at least once a month, and build momentum, the possibilities are infinite – just like Dr Bach's system!

(If you take Lynn up on her challenge, you might want to use the new forum to report your successes, and to inspire other practitioners to follow suit. See the 'Bach Centre forums' article in this issue. – Ed.)

Living the dream ↙

By Helen Marriott BFRP, UK

In 1994 I qualified as a BFRP; I was already a qualified holistic massage practitioner and over the ensuing years built up a busy practice here in Scarborough, North Yorkshire, England. Last year I realised my long-cherished dream and bought a small hotel in our beautiful North Bay and called it Fountains Court Holistic Health Hotel. It is a child-free, smoke free, mainly vegetarian establishment with feng shui accommodation, 8 bedrooms, patio spa with hot-tub and infra-red sauna, a Zen garden and mini gym/function room for classes and workshops.



The ethos is one of self-discovery in a calm and peaceful environment. There is a 5-roomed treatment centre with over 35 therapies on offer and a wonderful team of independent therapists working as a team and all dedicated to help guests and clients achieve their goals whatever they may be.

It has taken a year to transform the hotel from an old fashioned B&B to what it is now and it has not been without its nightmares! Dr Bach's philosophy and his wonderful remedies have been my constant companions and they are an important feature of Fountains Court. Even the bedrooms are named after eight of the remedies. Mount Vernon's publications are put out for people to pick up and read and I am in the process of framing Dr Bach's most inspiring quotations to put up on the walls.

This is my first year of business and one of my aims is to see Fountains Court used to further the cause of CAM (Complementary and Alternative Medicine). The top floor is currently not in use and in time will be converted to an owner's flat and a teaching/research centre. Meanwhile I would love to welcome any workshop facilitator or group of like-minded people to use the facilities as well as have a wonderful holistic holiday. In fact, in appreciation and celebration of Dr Bach's work (without which I would never be living my dream) may I offer all BFRPs a 10% reduction on any stay (minimum 2 nights) taken during 2007.

For more information please visit www.fountainscourt.com or telephone me, Helen, on 01723 381118.

Q & A: registration renewal ↙

We have added information on the registration renewal process to the BFRP area of the Bach Centre web site (www.bachcentre.com/found/guide/). Here are some of the main questioned answered there.

When will I be asked to renew my registration?

The registration year runs from 1st April to the following 31st March. Every September the Foundation sends a reminder and a set of renewal forms to everybody due to renew within that period. (NB – other arrangements apply in Venezuela.) A further reminder is sent in November. So, for example:

- If you joined the register on 1st April 2007 your first renewal is due 1st April 2008 – but you won't be asked to pay until September 2008.
- If you joined the register on the 31st March 2007 your first renewal is due 31st March 2008 – and you will be reminded to pay in September 2007. However, you would not be removed from the register until after your renewal due date, i.e. 31st March 2008.

What special arrangements apply in Venezuela?

In Venezuela the Foundation's representative collects renewals in January each year.

How do I get a receipt for the renewal fee?

One of the re-registration forms is a payment form. The payment form is in two halves. You should send the bottom half back with your payment and the other forms. You should keep the top half as a receipt for tax purposes.

How do I know my form has been received?

We don't send routine acknowledgements of receipt so as to reduce administration costs. Contact the organisation to which you sent your forms if you are concerned that they may have gone astray.

Who reads the Continuing Professional Development reports, and why?

The reports are read by the person who is updating your information on the database, so it could be June King, Kathy Nicholson or Stefan Ball at the Centre. In some cases, for language reasons, forms are read by the national co-ordinator who processes the renewal payment. The form is only read to confirm that you are actively engaged in working with the remedies. All information is received in confidence.

I renewed my registration but I'm not on the bachcentre.com referral list. Why not?

The referral list only includes BFRPs who have a) ticked the box on the renewal form asking to referrals and b) sent in a completed Continuing Professional Development form. The commonest reason for not appearing on the referral list is that the practitioner has not completed the CPD form. If this is what has happened then you can download the form and send it direct to the Bach Centre. You should also contact the Bach Centre if you have filled in the form and still don't appear on the list.

From May 2007 practitioners not on the referral lists are listed separately on the bachcentre.com web site, but contact details are not given.

I don't want to go on the referral lists. Do I still have to complete the Continuing Professional Development form?

If for any reason you do not want to be on the referral lists then you don't need to complete the CPD form.

I live in Spain but I'm French. Can I receive registration renewal forms in French?

Because we have so many registration renewal forms to send out we have to automate the task. Unfortunately that means you will usually receive forms in the language of the country you live in. An exception is the CPD form, which is available in Danish, English, French, German, Portuguese and Spanish via www.bachcentre.com/found/guide/.

Do I have to pay a renewal fee if I am retired?

The Foundation waives re-registration fees for practitioners who are both aged over 65 and not working professionally with the remedies (i.e. not working with paying clients). If you are below the age limit or accepting money from clients then you still have to pay the renewal fee.

I am over 65 and I don't see paying clients. How do I apply to have the fee waived?

Just send in your renewal forms as usual, but do not include payment or CPD. Enclose a covering letter explaining your situation and ask for the fee to be waived.

If my fee is waived because I am retired, do I still have to complete the Continuing Professional Development form?

You don't need to complete the CPD form if your fee has been waived due to your retirement.

If I have had my fees waived because of retirement will I have to apply again next year?

Once your fee has been waived because of retirement you will not be included in registration renewal mailshots, and you will continue on the register indefinitely without having to fill in any more forms. Do remember though to contact us if you change your address.

I retired but now I want to go back into practice. What do I do?

If you decide you would like to become an active practitioner again, you need to pay a renewal fee which you can do at once by sending us the usual forms.

I am not retired. Can the renewal fee be waived under any other circumstances?

We don't want anybody to have to leave the register for economic reasons. If you are going through a financially difficult time we may be able to waive your renewal fee for a year. Please write in confidence to Stefan Ball at the Bach Centre to apply. Note that if we do waive your fee for economic reasons this will be for a period of one year and you will have to write again at the next renewal point if your situation has not improved.

Remember to tell us if you move or change your contact details

Letters ↙

We want you to use this bulletin to keep in touch with each other. If anything wonderful, funny, interesting or plain typical has happened to you in your work with the remedies, or if there are questions that have been nagging away at you, or you simply want to say hello, please write and tell us.

Send your contribution to the Foundation, **marking your letter clearly as being 'FOR PUBLICATION'**.

We can't promise to print every letter in the bulletin, but even if we don't use your contribution we always love to hear from you.

I've been thinking over the recent discussions on the email list about counselling and supervision and so on.

As with a few other such therapies, with Dr Bach's system a product or process is involved in recovery – i.e. the remedies themselves. When we manage to select the right remedies, the client's progress can be rapid, always of course dependent on the client's situation and the amount of onion peeling to be undergone.

Nevertheless, I feel that all emotion-centred therapies depend for their success on the therapist or practitioner, just because they include a person-to-person encounter. No matter what any therapist believes about any his or her therapy's effectiveness, the personal relationship is an important element in

recovery. Crucially for us, success in this total process and the clients' expanding 'knowledge and awareness of their own emotional states' (the quote is from the Code of Practice) means that this experience can be vital in deciding whether the client adopts the remedies in his future way of life.

This relationship is where our understanding and agreement with Dr Bach's philosophy comes into play. It's during the consultation that we show the value of our beliefs and how they match with Dr. Bach's ideals as expressed in *Heal Thyself*. If we want to empower our client to the maximum, we have to try to recognise and understand what the client is feeling. We also have to respond in a sympathetic way, but as a reliable source of support – i.e. be objective enough not to 'take sides'. In some cases we may even need to indicate there may be other ways of responding than how the client is currently reacting, because often they are so overwrought with emotions they cannot see the wood for the trees.

This is what I personally see as probably the only similarity between the best practice of the BFRP and counsellors in general (of which after all there are many, many types). I would love to know what other BFRPs think.

- Hermia Brockway BFRP, UK



Our project to introduce the remedies to hospices and palliative care institutions in Milan is proceeding. Following a series of exchanges, the remedies are now being used in five places and we expect contacts from other places.

In every hospice we have found people very interested in using the Bach remedies.

The teams of these divisions are overloaded with work, so we started by involving them in a short training course to explain the use some remedies that are particularly crucial in hospices, such as Rescue™ Remedy, Walnut and Aspen. This allowed the operators to immediately treat themselves and their families and then their patients.

Some nurses are now filling in evaluation forms that will be hopefully adopted also in other settings. To set the project going, the Italian distributors Guna provided us with free products.

At the moment the Ethical Committee in Italy forbids oral administering of the remedies – this is only allowed in Research Institutes or private institutes, with the consent of the patients. That is why the remedies are generally used externally at the moment. They are spread on the skin, sprayed in the air or placed in a bowl by the bedside during the last day of life. (The bowl system, when dying, has been in use for many years at the Giuseppe Verdi House for Elderly People, in Milan, with excellent results.)

After a 6 months treatment with Rescue™ and/or Aspen and Walnut, we think we'll be able to introduce other remedies. To that effect, we are inviting the concerned operators to attend Level I courses and we are offering them monthly support and counselling.

During the whole project, we have strictly complied with the ethical approach of the Bach Centre, but we would like to know if you agree about flowers contained in a bowl and sprayed in the room. Right now, this is the only solution available to us to improve the life quality of patients, but we are sure that step by step things will change.

- Agnese Cattoretta BFRP, Costanza Magnocavallo BFRP, Nora Magnocavallo BFRP, Italy

(Spraying remedies into the air is sometimes used to diffuse tension and stress – most of the time Rescue™ is used, and some practitioners like to spray the room with Walnut between clients. We haven't come across the 'bowl method' before, but it should work in a similar way to a room atomiser. Where it is not possible to give the remedies orally, or even externally, this is a nice gentle alternative, especially within a hospice environment. It sounds like an exciting and inspiring project - thank you for sharing it with us. - Ed.)

Holiday home available! ↙

BFRP Hannah Chambers is offering a 10% discount to BFRPs who would like to make use of her holiday home in Greece. The property is in the rural, traditional – and small – seaside town of Koroni, which has two beaches, a castle and some lovely walks along the coast. You can take an online guided tour and get more information online at www.coedcae.eclipse.co.uk.



Bach Centre workshop ↙

A reminder that Angela Davies is due to hold a one-day workshop at the Bach Centre on Tuesday 9th October 2007, on how to go about setting up and running a successful local Bach group.

The day will run from 10.00 am until 4.00 p.m, and Angela will aim to give you the know-how, confidence and inspiration you need to set up and run a successful group. Topics will include choosing a venue, contacting people, setting boundaries, group bonding, and the role of the group facilitator. There will also be lots of ideas for content and handout materials.

To reserve your place on this workshop at The Bach Centre, send a cheque (payable to Angela Davies) for £50 with your contact details to 5 Sandy Bank Road, Gravesend, Kent DA12 1JR. For further information email angela@davies@bopenworld.com or call 01474 329335.

Bits and pieces ↙

- The **Bach Foundation Teachers Programme** is aimed at UK-based BFRPs who want to improve their teaching skills and eventually run Bach Foundation-approved level 1 courses. The programme includes a two-day course at the Bach Centre followed by a period of supervised teaching. The next course will take place in summer 2008 (the date of the course was being finalised as we went to print). Coming to the course would be a great chance to see the garden at its best and enjoy the sunshine! Contact us for more details and an application form.
- **Se habla español** - The Spanish version of the Bach Centre's web site is at www.floresbach.com, or click the link on the Bach Centre's main home page www.bachcentre.com. Spanish translations of the Bulletin are at www.floresbach.com/found/bulletin.htm.
- **Parlamos italiano** – a group of Italian practitioners have put up an Italian version of the Bach Centre's web site. Again, look for the link on the Bach Centre's web site or go direct to www.bachcentre.it
- Bach Foundation-approved Level 3 **Animal Practitioner courses** run every year at the Natural Animal Centre in Wales. The animal course is in three parts: Stage 1, a two day introduction; Stage 2, a 3-day course; and Stage

3, a 4-day course followed by a period of home study and supervised case studies. For more information contact the Natural Animal Centre, Penhill, Trawmawr, Carmarthen, SA33 6ND, Wales: Email natural@globalnet.co.uk or phone 0870 991 3334.

- Tessa Jordan's **Suffolk-based Bach friendly group** is a regular meeting of Bach practitioners and enthusiasts. The next meeting takes place in Ipswich on Monday 3rd September from 7.30pm to 9.30pm. If you would like to go along contact Tessa via her web site www.tessajordan.co.uk. or phone Tessa or Mary Marsh on 01202 842601. Go to the web site also for more on Tessa's supervision sessions.
- The **UK's Bach Practitioner Network North West** meets on a regular basis and is open to anybody able to attend meetings in the North West of England. For more information telephone 01253 885512.
- BIEP trainer Angela Davies is organising a couple of **Continuing Professional Development days** in 2007, on the 28th July and 20th October. These will work on case study skills and remedy knowledge, and psychological theories will be presented aiming to improve your self-awareness and therapeutic effectiveness. For more information contact Angela via her web site www.bodymindhealth.co.uk.
- Two events to watch out for if you are near **Edinburgh**. First, the "Let's-talk-Bach" group is open to anybody who has completed level 2 or above. The group meets four times a year, and chooses two different remedies to discuss at each meeting. The next meeting (discussing Red Chestnut and Wild Oat) is in the Gillis Centre, on 21st August 2007, from 7-9pm. Cost £5 (to cover room-hire and coffee/tea). For details contact Linsey on 07949433344 or Teresa on 0131 622 5101.
- Also in **Edinburgh's** Gillis Centre, a "Back to Bach" day open to all with an interest in Dr Bach's work. The day is likely to run 10-4pm. Cost and programme to be confirmed. For details call Teresa on 0131 622 5101

Insurance ↙

Following on from the article about insurance in the last edition of the bulletin, we now have some general guidelines to insurance on our web site. There are also links to some UK-based insurance companies that you can use to get a quote online (UK and Ireland-based practitioner only). You can find the guidelines at <http://www.bachcentre.com/found/guide/insure.htm>

If you are based outside the UK and have found good insurance companies that you would like to recommend please send details to Stefan Ball (stefan@bachcentre.com) and we will update the web site accordingly.

We are always looking for contributions to the Bulletin.
This is your chance to share experiences, questions and ideas with
other BFRPs. Contributions can be emailed to:
stefan@bachcentre.com

Welcome to... ↙

Since the last issue of the bulletin was prepared, 92 new practitioners have joined the register:

- in Argentina, Silvia Marcelo Coacci, Liliana Corbetta, Débora Claudia Litwiller, Nora Edith D'Esposito, Maria Simona Almeida, Virginia Velma Fernández, Pablina Mafalda Cardozo, Susana Monica Schlicht, Stella Maris Pagani, Diana Martinez, Genoveva Arrastia, Roberto Alturria, Dora Zulma Farana and Maria Luisa Lopardo;
- in Australia, Amanda Worrall, Lynette Desley French, Josephine Campana and Toni Michelle Johns;
- in Austria, Michaela Mittermüller;
- in Brazil, Valéria Maria Rodrigues de Miranda Fonseca;
- in Canada, Henrietta Chan, Dawn V. Arnold, Maggie Ronald and Roslyn Levin;
- in Chile, Catalina Vorwerk;
- in Denmark, Elsebeth Nielsen, Inger Ahrenkiel, Anne-Grethe Nissen and Stinna Johansen;
- in England, Tripuri Dunne, Sarah Fellows, Norma Wingfield, Joanna Wathen-Jones, Diane-Thérèse Grace-Crissey, Alice Ellis, Angela Merrick, Ann Marie Finch, Janet Carslake, Mari Prackauskas and Elaine Tubbs;
- in France, Christine Point, Bruno Schmucki, Nathalie François, Severine Page, Corinne Minvielle, Anne Pautet, Lilly Chaumet, Armelle Troyon, Carol Nettelet, Sarah Chaize, Marie-Odile Amestoy, Isabelle Mantoz and Sonja Seufert;
- in Germany, Karin Zimmering, Simone Schmidt, Kirsten Muenning, Annette Theyhsen, Kirsten Pemberton, Sylvia Wauters, Marion Gabriele Vieth-Kempa and Corinna Adler;
- in Ireland, Adela Hernandez Garcia, Carol Burke and Josephine Keane;
- in Japan, Yoko Yamamoto, Miyuki Shinomiya, Junko Iwasaki, Yuko Kishi, Chica Mori and Hiromi Sasa;
- in the Netherlands, Anita Vuurman;
- in New Zealand, Vera Jacoba Rybrik and Grant Harold Freeman;
- in Norway, Björn Danielsen;
- in Peru, Thierry Polese, Carmen Rosa Quispe Gonzaga, Julio Javier Salas Dahlqvist, Milagros Isabel Chavez Mauricio and Jessica Auza;
- in Portugal, Luisa Campinas, Maria Alice Das Neves Lopes and Maria Luisa Martins;
- in Scotland, Pamela Levack-Moir;
- in Slovenia, Jelena Sitar;
- in Sweden, Lucila Senna Svensson;
- in Switzerland, Claudine Stritt and Anne-Marie Handrick;
- in the U.S.A., Heather Csongor, Nancy A. Cangelosi and Christopher Hoyt;
- in Venezuela, Marcela Antonieta Gonzales Nieves and Paola Dini.

There are now 1,779 practitioners on the register.