



**Bach Foundation**  
INTERNATIONAL REGISTER

## **Bach Centre Approval Criteria for Level 2**

### ***Introduction***

This document sets out minimum standards that Bach Centre-approved Level 2 courses must meet. Courses that meet or exceed these requirements can be considered for approval as Level 2 courses.

Decisions about course approval are taken on a case-by-case basis. Meeting these criteria does not in itself guarantee course approval. Where granted, approval may be for a specified time only, and renewal and withdrawal of approval will at all times be at the Bach Centre's entire discretion.

### ***Overall aims of courses at Level 1, 2 and 3***

The aim of a Level 2 course is to give students an opportunity to deepen their knowledge of Dr Edward Bach's 38 remedies and of his philosophy of health. Students on Level 2 courses are encouraged to develop their commitment to using the remedies at a personal and practical level, and to begin to share that commitment with those around them. Level 2 is required training for people who want to attend a practitioner training course (Level 3).

All students on a Level 2 course must have attended a Level 1 course before they start Level 2. Level 1 courses aim to present basic information to students and start them off on a process of self-development. The students then have an opportunity, either on or after the course, to use the remedies and deepen their knowledge. Level 2 courses aim to encourage reflection on that personal experience and refine remedy knowledge, and Level 3 courses aim to give remedy users the tools they need to help other people with the remedies in a professional setting.

### ***Detailed aims and objectives of Level 2 courses***

#### **Aims of the course – a Level 2 course aims to:**

- build on existing theoretical knowledge and make it personal
- allow students space and time to explore more deeply Dr Bach's philosophy
- provide a forum in which students can exchange personal experiences and learn from each other
- consolidate existing knowledge of the remedies, in particular as regards type and mood remedies and subtle differences between similar remedies
- provide opportunities for personal practical use of the remedies
- provide all the prerequisites in terms of remedy knowledge needed for practitioner training (Level 3)

#### **Student learning objectives – after attending a course where these aims have been met a student could reasonably expect to:**

- describe ways in which using the remedies could affect their own lives
- explain the difference between type and mood remedies and the philosophical basis and historical development of the type remedy concept
- make comparisons between similar remedies and recognise the subtle differences between them
- describe the fundamentals of Dr Bach's philosophy and relate these fundamentals to their own beliefs and practices
- select appropriate remedies for themselves and their friends and relations
- be aware of further opportunities for learning, including courses and books

## ***Approval criteria***

The following sections list different aspects of planning and running a Level 2 course. For each of these aspects we give the minimum standards expected. The Bach Centre will consider these criteria when assessing a course's eligibility for approval.

### **Section 1: Course provider**

The course provider manages the supply of courses. The provider may be an institution, company, school or college, or an individual tutor.

#### ***Area of concern***

#### ***Minimum standards***

Reputation

- the Bach Centre shall be satisfied that the course provider demonstrates integrity and an honest approach to its work

Teaching premises

- the room and facilities available to the students shall be appropriate for the type of course offered
- the room and facilities shall be appropriate for the numbers of students recruited and shall allow space for group exercises and practical work
- the atmosphere and layout of the teaching facilities shall be conducive to learning and shall provide opportunities for break-out groups

Bach Centre contact

- where appropriate, the provider shall supply the Bach Centre with the name and contact information of a senior responsible administrator for each area, country or zone in which the provider operates
- where any such administrator is not already a BFRP, he or she will seek to complete within 24 months all levels of Bach Centre-approved training available in that region, and will (when qualified) apply to register as a Bach Foundation Registered Practitioner

## Section 2: Course administration

### *Area of concern*

Course fee

### *Minimum standards*

- the fee suggested for the course shall be reasonable for the type of course and its delivery method
- the fee shall take into account the range of fees demanded locally for similar types of courses

Advertising

- advertising shall be appropriate and avoid sensationalism and unwarranted claims
- advertising and certificates associated with a course shall display the 'Bach Foundation' logo only after written course approval has been granted
- the Bach Centre's name, logo and images shall not be used in a way that might suggest the Centre has validated or approved other courses the provider offers
- the course shall be advertised as teaching Dr Bach's generic system of 38 remedies
- trade names, trade marks, logos and company names may be used to denote the name of the course provider or sponsor; no other use is allowed

Refunds

- there shall be a clear and fair policy on refunds
- the refund policy shall be explained to students at or prior to the point at which they book a place on a course

Complaints

- there shall be a clear and fair policy on dealing with complaints from students
- the complaints procedure shall be made available to students whenever it is reasonable to do so

### Section 3: Course tutor(s)

#### **Area of concern**

Remedy knowledge

#### **Minimum standards**

- tutors must be eligible for<sup>1</sup> and maintain a current and continuous registration with the Centre as a Bach Foundation Registered Practitioner or Registered Animal Practitioner (BFRP or BFRAP)
- tutors shall have been using the remedies in line with the Bach Centre's Code of Practice for at least four years
- tutors shall have at least two years' experience of helping other people select remedies
- tutors shall have been the principal or sole teacher of at least five Bach Centre-approved Level 1 courses before they start teaching at Level 2
- tutors shall demonstrate their ability to answer in-depth and complex questions about remedy use
- tutors shall be aware of the limits of their knowledge and know how to research questions they cannot answer unaided
- tutors shall be aware of their own needs as far as remedies are concerned and shall use the remedies when appropriate
- tutors shall demonstrate a high standard of knowledge and experience in respect of appropriate communication, presentation, facilitation and organisational skills
- tutors shall *either*:
  1. be licensed graduates of a Bach Foundation Teachers Programme Level 2 course (BFTP2) *or*
  2. have completed a Level 2 teacher training programme run by an Institute authorised by the Bach Centre to license teachers *or*

Teaching ability

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<sup>1</sup> Eligibility involves attending Levels 1, 2 and 3; completing the Level 3 assessments to a satisfactory standard; and agreeing to work under the Bach Centre's Code of Practice.

3. have received appropriate training from an existing Level 2 tutor who has been licensed by the Centre to train tutors *or*
4. be employed by a course provider that has satisfied the Bach Centre of its ability independently to recruit and train suitable teachers

Personal qualities

- tutors shall demonstrate an ability to set and maintain boundaries so as to allow the safe exchange of personal insight and experiences among students
- tutors shall be focused on student needs
- the tutors' approach to teaching shall be based on openness, humility, simplicity and genuineness
- tutors shall demonstrate respect for others and a high degree of self-awareness

Tutor/student ratio

- the tutor-to-student ratio shall be sufficiently small to allow for meaningful and controlled group-work
- a clear lower and upper limit on the number of students recruited shall be set so as to maximise the learning experience for students

Complaints

- tutors shall not have any professional conduct complaints of any kind outstanding against them

## Section 4: Educational material(s)

### **Area of concern**

### **Minimum standards**

Delivery materials

- tutors shall have access to appropriate teaching aids such as projectors, flipcharts, whiteboards

Books

- tutors shall have access to a selection of Bach Centre-approved texts for Level 2 ([www.bachcentre.com/reading](http://www.bachcentre.com/reading)) and will make these available to students
- texts and other material that explicitly contradict Dr Bach's completed system as taught by the Bach Centre shall not be recommended to students

Printed materials

- handouts and other printed materials shall refer to Dr Bach's generic system of 38 remedies
- trade names, trade marks, logos and company names may appear as course providers or sponsors; trade marks must not be used to refer to the system or elements of the system
- all handouts distributed to students shall be available for the Bach Centre's inspection on request
- all students shall be provided with a copy of the Bach Centre's Code of Practice

Remedies

- the course shall *either*:
  1. make stock remedies, treatment bottles etc. available to students for use during the course *or*
  2. require students to obtain access to remedies etc. as a prerequisite of the course
- the course shall encourage students to use remedies for self-help during and after the course

## Section 5: Course content(s)

### **Area of concern**

Prerequisites

### **Minimum standards**

- *either:*
  1. the course shall only be available to students with a valid Bach Centre-approved Level 1 certificate in their possession *or*
  2. the course itself shall meet all the Level 1 course criteria and contents in addition to those listed here

- course providers shall enrol on their Level 2 courses every applicant who holds a valid Bach Centre-approved Level 1 certificate except where they can show the Bach Centre that there is just reason not to do so

- notwithstanding the previous clause course providers may defer enrolments for up to five months if in the opinion of the provider the applicant has not allowed sufficient time between courses and does not already have sufficient experience with the remedies to benefit from a Level 2 course

Overall accuracy

- all the material taught and referred to in the course shall be in line with Dr Bach's final intentions as embodied by the Bach Centre's teachings, philosophy, publications, guidelines and Code of Practice

- the course will not teach or support the use of products, concepts, ideas, techniques and approaches that do not form part of the traditional system of 38 single liquid remedies plus the traditional crisis formulas

Philosophy

- the course shall review and reinforce the philosophical concepts introduced at Level 1

- the course shall develop a closer and more detailed practical understanding of Dr Bach's philosophy

- the course shall introduce students to *Heal Thyself* and shall provide opportunities for students to discuss this and other

philosophical works by Dr Bach

- the course shall give students an opportunity to explore the relevance of Dr Bach's philosophy to their own lives and beliefs
- the course shall stress the simplicity and universality of Dr Bach's approach at all times

Remedy knowledge

- the course shall allow students to share with each other and with their tutor their experiences of using the remedies
- the course shall develop the students' familiarity with all 38 remedies to a degree high enough for them to aspire to Level 3 training if they wish
- the course shall use group discussion and/or group activity to allow students to test, practise and reinforce their knowledge of the remedies
- the course shall explore the difference between type and mood remedies and help students start to identify their own possible type remedy or remedies
- the course shall contrast the type remedy concept as Dr Bach left it with his earlier and abandoned "12 types" version, and place the use of type remedies within the framework of simplicity and the overriding need to 'treat what you see'
- the course shall explore in depth the subtle differences between similar remedies and will encourage students to make similar distinctions of their own based on their knowledge
- the course shall explain how knowledge of the group headings can help tell similar remedies apart
- the course shall explore the need to go beneath the words when selecting remedies for other people
- the course shall provide ample opportunity for students to raise any questions they have about remedy use

Effects of taking remedies

- the course shall explore how remedy use can relate to our understanding of ourselves and of our path in life
- the course shall encourage students to explore how remedies can impact on their own lives and personalities and life goals

Everyday use of remedies

- the course shall explore in detail case histories and examples of people using the remedies in their everyday lives
- the course shall explore and build on the students' existing knowledge of how the remedies can apply in common daily situations
- the course shall introduce the role of the practitioner in the healing process

Further study

- the course shall aim to inspire people to make more extensive use of the remedies in the future
- the course shall outline opportunities for further study, including approved Level 3 courses
- the course shall provide suitable suggestions for further reading (see [www.bachcentre.com/reading](http://www.bachcentre.com/reading))
- the course shall give clear guidance on what additional work and personal experience students may need before attending an approved Level 3 course

## **Section 6: Course design(s)**

### ***Area of concern***

Length of course

Teaching methods

### ***Minimum standards***

- the length of the course shall be consistent with the course contents to be covered
- a variety of teaching methods shall be used, including small group exercises, consistent with the number of students taught and the basic delivery system (e.g. distance learning, small groups, larger groups etc.)
- opportunities for student feedback and for student-led and interactive activities shall be actively encouraged and built into the course design

## Section 7: Quality control

### *Area of concern*

Student records

### *Minimum standards*

- students shall be encouraged to use online feedback forms (such as the one at [www.bachcentre.com/evaluation](http://www.bachcentre.com/evaluation)) in order to provide feedback direct to the Centre
- where paper evaluation forms are used, they shall be collected by the provider after each course and retained for at least five years
- a register showing the attendance of each student shall be maintained and retained for at least five years after the course finishes

Tutor's report

- the tutor shall write a short report on each course which will be retained by the provider for at least five years
- the tutor's report shall include a self-assessment on teaching methods and performance and suggestions for improving the course and its delivery in the future

Provider's report

- if no formal minuted meetings have been held between the provider and the Bach Centre in a calendar year, the provider shall prepare a report on its Bach Centre-approved courses in December of the year, detailing any changes, developments and issues that have arisen during the year, and pass this to the Bach Centre on or before the following 10<sup>th</sup> January
- the provider shall send copies of evaluation forms, registers and/or tutor's reports on courses to the Bach Centre at the Bach Centre's request

Feedback from the Bach Centre

- the provider and tutor shall accede to any reasonable requests by the Bach Centre regarding any aspect of the course and its delivery
- the Bach Centre may at any time request a formal observation of a course and any such request shall be acceded to without delay by the provider and the tutor

**Section 8: Other concerns*****Area of concern******Minimum standards***

Educational need

- providers proposing a new course shall demonstrate a demand for the course

Impact on existing programmes

- providers proposing a new course shall demonstrate that the proposed course will not reduce the overall provision of approved remedy education
- providers shall not seek to operate outside their normal geographic area without prior written permission from the Bach Centre

Co-operation with existing providers

- providers and tutors shall demonstrate a willingness to co-operate with other providers and tutors of approved courses so as to raise the profile and reputation of all Bach Centre-approved courses
- providers shall refer to one or more of the Bach Centre's web sites in their literature and advertising as a source of information on training

Code of Practice

- the course and its advertising and delivery shall not contradict any clause of the Bach Centre's Code of Practice